



**FAITH, FREEDOM, & FITNESS**

# **DAILY BREAD**

**Monday, January 05**

**James 1:5**

***If any of you lacks wisdom,  
you should ask God,  
who gives generously to all without finding fault,  
and it will be given to you.***



Lifters that train and compete under the guidance of a coach learn to trust both his/her training philosophy and competitive strategy. When gains are consistently made both on and off the platform, that trust grows deeper and stronger.

In verses 2 through 4, James laid the foundation for the rest of his letter. He revealed that the Christian life is about cultivating a deeper trust in God as trials come our way. In fact, those trials are exactly what we need to learn to trust God more. In today's verse from James 1:5, he begins to describe what it looks like to trust God in a variety of circumstances:

*If any of you lacks wisdom, you should ask God,  
who gives generously to all without finding fault,  
and it will be given to you.*



In this context, James is speaking of wisdom for a particular moment. This is a reference to those times when we just don't know what to do. What's the best choice? Which way should we go? How do we decide between two different paths? Those who truly trust God will ask for His wisdom. Doing so is evidence that we trust Him.

James states that God gives wisdom generously. In fact, He gives wisdom away without "finding fault." In other words, He doesn't look at our previous foolish choices and decide we are not worthy of receiving wisdom from Him. We can be confident that the God of the universe stands by ready and willing to give abundant wisdom to those who ask based only on our trust and confidence in Him and not on our track record.

Of course, this is not a simplistic promise, as the next two verses will show. Whether or not we get the wisdom we are seeking hinges on whether or not we truly trust God as the best source of wisdom.

**More tomorrow!**

***In Christ, Spero***



*For God so loved the world,  
that he gave his only begotten Son,  
that whosoever believeth in him  
should not perish,  
but have everlasting life.*

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