



FAITH, FREEDOM, & FITNESS

PRAYER:

Angela
Dementia

Anna
Launching a ministry at her gym in New Zealand

Bobby
Needs daily assistance

Pat
Stage 4 Cancer

Victor
Heart Attack



PRAISE:

Darlene

Returned Home!

Gene & John

Competed at Worlds, and doing great!

Jeni

Cancer Free!

Vinny

Returned Home!



FREEDOM WITH THE LORD:

Ashley

Johnny