



FAITH, FREEDOM, & FITNESS

EVENTS:

2026 Florida State Championships

TBD – February 2026
Iron Core Gym * Ocoee, Florida

2026 American Challenge - Florida

TBD – May 2026
Merritt Island Fitness Club * Merritt Island, Florida

2026 Tony Conyers Extravaganza

TBD – October 2026
Crossfit Jaguar * Tampa, Florida

